

## Personal Development for Career Success

**Be prepared to be challenged, have fun & learn lots.**

### Looking for a course that will unleash your confidence?

- Goal Setting with a Difference – IT WORKS!
- Understanding how your MIND works for a change
- Reprogramming HABITS that support your progress
- Effective Time Management
- Enhancing your strategies to create magic in YOUR life
- Creating a 10 out of 10 day every day
- Making the invisible blocks in your life visible - how to break through roadblocks
- Realising your capacity to make a difference

### Target audience:

- Managers, supervisors and team leaders who are new to their role
- Managers, supervisors and team leaders that are looking for the keys to unlock their team's energies and focus
- Realising your capacity to make a difference
- Any person seeking to improve their "conflict resolution" strategies

**Course length:** 2 days

**For more details on how Learning Insight can help your organisation contact**

**Learning Insight**

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*Page 1*

A moment's insight is sometimes worth a life's experience.  
Oliver Wendell Holmes Jr., (1841 - 1935)